

## Our Mission: We're here to help!

Our mission at Amery Hospital & Clinic Behavioral Health Center is to provide convenient, quality health care services to all people in a caring, efficient and financially responsible manner that will enhance the quality of life in our community; to promote wellness; and, to do so with compassion, dignity and respect for those we serve.



## For more information



### INPATIENT SHORT-STAY AND STRUCTURED OUTPATIENT

For questions and additional information about the Inpatient Short-Stay and the Structured Outpatient programs, call our Intake and Outreach Coordinator at **715-268-0067**.

### OUTPATIENT THERAPY AND COUNSELING

For questions and information about Outpatient counseling, call **715-268-0060**.

### PROGRAMS FOR CHANGE

For questions and information about alcohol and substance abuse recovery or to schedule an intake assessment, call **715-268-0060**.

### Location

Amery Hospital & Clinic - West Campus  
Behavioral Health Center  
230 Deronda Street, Amery  
715-268-0060  
[amerymedicalcenter.org](http://amerymedicalcenter.org)

TOGETHER, WE CARE FOR YOU

## Behavioral Health Services

Helping individuals live their lives  
to the fullest



# Evidence-based care to help with life changes

Sometimes people are faced with problems they simply cannot overcome by themselves. Too many people suffer in silence as they try to cope with changes in their lives. Amery Hospital & Clinic (AHC) Behavioral Health Services offers help for individuals struggling with:

- Grief
- Loss of independence
- Debilitating depression
- Suicidal or homicidal thoughts
- Other emotional issues that impair daily functioning

We offer a private setting - a place of comfort where you can receive specialized care from our experienced staff. You are not alone; we are here to help.

## Services and Programs

We offer four primary services: Inpatient Short-Stay program for adults 18 years and older; Structured Outpatient program for older adults, Outpatient Counseling for ages 5 and older and Programs for Change, an intensive outpatient program for people with alcohol and other substance abuse conditions.

### INPATIENT SHORT-STAY

The Inpatient Short-Stay program provides around the clock treatment for adults who are experiencing a mental health crisis. The average length of stay is seven to ten days.

### Services include:

- Psychiatric evaluation and care
- Physician management
- Medication management
- Assessment and discharge planning
- Group and individual therapy
- Occupational therapy
- Activities therapy
- Coping and life skills training

Our treatment team consists of a psychiatrist, psychiatric nurse practitioner, licensed nurses, clinical therapists, and an occupational therapist.

### OUTPATIENT THERAPY AND COUNSELING

The Outpatient Program offers mental health counseling for individuals and families in an outpatient clinic setting. Issues addressed in therapy include: anxiety, grief, depression, stress management and other mental health issues. The therapeutic team includes a psychiatrist, licensed professional counselors, marriage and family therapists and clinical social workers. Referrals are made through Amery Hospital & Clinic physicians.

### PROGRAMS FOR CHANGE

Programs for Change is an intensive outpatient program that provides primary and after-care treatment, in a group setting, for people with alcohol and other substance abuse conditions. The program offers individualized treatment based on each client's needs.

### STRUCTURED OUTPATIENT

The Structured Outpatient program helps to reduce the impact of mental health issues in an outpatient clinic setting. Patients can attend intensive group therapy services from one to five days per week.

### Services offered include:

- Individualized treatment planning
- Psychiatric services
- Medication management (if needed)
- Individual and group therapy

Our treatment team consists of a psychiatrist, clinical therapists, and a mental health technician.

## Referrals and Assessments

A request for care can come right from you, a health professional or a family member. AHC Behavioral Health Center will perform a clinical evaluation to determine treatment.

Clinical evaluations and assessments are performed by qualified behavioral health professionals who, along with the physician medical director, will determine whether treatment is needed and, if so, assist in developing a plan of action.

## Affording Care

Services are covered by most insurance plans, including Medicare. However, like most insurance coverage, there are annual deductibles and co-payments associated with the services provided by Amery Hospital & Clinic, which are the responsibility of the patient.